

## 211 ENGLISH / SPANISH-[www.211database.org](http://www.211database.org)

### ABUSE/RAPE SUBSTANCE ABUSE

STAND FOR FAMILIES FREE OF VIOLENCE.....	1-888-215-5555
HUMAN TRAFFICKING PREVENTION.....	1-800-670-7273
ALCOHOL & OTHER DRUGS ACCESS.....	1-800-846-1652
ALCOHOLIC ANONYMOUS.....	925-939-4155
WOLLAM HOUSE.....	925-427-1384
HUMAN TRAFFICKING HOTLIKME.....	1-800-670-7273
RAPE.ABUSE & INCEST NATIONAL NETWORK.....	1-800-656-4673
THUNDER ROADS ADOLESCENT TREATMENT CENTER	510-653-5040

### ANIMALS

CCC ANIMAL SHELTER.....	925-779-6989
CONTRA COSTA HUMANE SOCIETY.....	925-279-2247

### CHILD CARE

CC CHILD CARE COUNCIL.....	925-778-5437
BAY AREA CRISIS NURSERY.....	925-685-8052
(ages 0-5)	
DEHISTROM HOUSE.....	925-685-3695
(ages 6-12)	

### CONTRA COSTA HEALTH DENTAL SERVICES

PITTSBURG.....	925-431-2501
LA CLINICA.....	925-431-1251
1-800-DENTIST.....	1-800-336-8422

### EMPLOYMENT: JOB TRAINING

CCC REGIONAL OCCUPATIONAL PGM.....	925-942-3368
OPPORTUNITY JUNCTION (ANTIOCH).....	925-776-1133
PITTSBURG ADULT EDUCATION.....	925-473-4460
ANTIOCH ADULT EDUCATION.....	925-779-7490
LIBERTY ADULT EDUCATION.....	925-634-2565
CHILD CARE JOB BANK.....	925-676-5442
EXPIRIENCE UNLIMITED.....	925-602-0166
PROJECT SEVOND CHANCE.....	925-754-8317
SPARKS POINT EAST CONTRA COSTA.....	925-252-2315
EASTBAY WORKS, AMERICA'S JOB CENTER OF CA.	
ANTIOCH.....	925-706-4830
BRENTWOOD.....	925-634-2195

## EVICTON/RENT/ASSISTANCE/FORECLOSURES

PACIIFC COMMUNITY SERVICES.....	925-439-1056
BAY AREA LIGAL AID.....	510-250-5270

### FORECLOSURE

NATIONAL FORECLOSURE HOTLINE.....	1-888-995-4673
PACIFIC COMMUNITY SERVICES.....	925-439-1056
FORECLOSURE SISTANCE.HUD.....	415-489-6400
HOUSING & ECONOMICS RIGHTS.....	510-271-8443
NEIGHBORHOOD HOUSING SERVICES.....	510-237-6459

### RENTAL ASSISTANCE

CONCORD FAMILY SERVICE CENTER.....	925-825-3099
SEASONS OF SHARING.....	925-521-5065
SHELTER, INC.....	925-338-1038

### EYE EXAM/GLASSES

CALIFORNIA VISION FOUNDATION.....	1-800-877-5738
LIONS CENTER FOR THE VISUALLY IMPAIRED.....	925-432-3013

### FINANCIAL ASSISTANCE

CALWORKS/GA.....	1-877-505-4630
COMMUNITY HOUSING DEV.CORP.....	510-412-9290
CRITICAL FAMILY NEEDS.....	925-825-3099
UNEMPLOYMENT INSURANCE.....	1-800-300-5616

### FOOD/CLOTHING

FOOD PANTRIES &SOUP KITCHENS.....	211
FOOD BANK OF CONTRA COSTA.....	1-855-309-3663
LOAVES & FISHES DINING ROOMS.....	925-293-4792
WIC PROGRAM.....	1-800-414-4942
ST. VINCENT DE PAUL (CLOTHING).....	925-439-5060
GRACE BIBLE FELLOWSHIP CHURCH.....	925-522-2017
CAL FRESH (FOOD STAMPS).....	1-877-505-4630

### GAYS, LESBIAN, BISEXUAL, TRANSGERNDER

GLBT NATIONAL HELP CENTER.....	1-888-843-4564
RAINBOW COMMUNITY CENTER.....	925-692-0090
LGBT HEALTH CARE PLANNED PARENTHOOD).....	1-800-230-7526
NATIONAL FORECLOSURE HOTLINE.....	1-800-995-4673

### HEALTH INSURANCE

HEALTH EMERGERNCY HOTLINE.....	1-888-959-9911
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(CHDP) CHILD HEALTH & DISABILITY PREVENTION..... 925-313-6150  
 HICAP (health insurance counseling/advocacy).....1-800-510-2020  
 CCC HEALTH/DENTAL.....1-800-495-8885  
 COVERED CALIFORNIA.....1-888-975-1142  
 PATIENT FINACIAL COUNCELING.....1-800-771-4270  
 AIM (PRENATAL CARE).....1-800-433-2611  
 MEDI-CAL.....1-800-709-8348  
 KAISER CHILD HEALTH PLAN.....1-800-646-4000

**HOMELSS SHELTERS/DROP-IN CENTERS**

NATIONAL RUNAWAY SWITCHBOARD.....1-800-621-4000  
 SAFE PLACE-MARTINEZ (YOUTH).....1-800-718-4357  
 FERST MULTISERVICE CTR..... 925-778-3750  
 SHEPHERD’S GATE.....925-308-7507  
 SHELTER, INC.....925-338-1038  
 TRANSITIONAL AND INTERM HOUSING.....925-338-1038  
 WINTER NIGHTS.....925-435-2074

**BAY AREA RESCUE MISSION SHELTERS**

MEN.....510-215-4868  
 WOMEN/FAMILIES.....510-215-4860  
 TEEN SERVICE/SAFE PLACE.....1-800-718-4357

**HEARING AIDS**

HEAR NOW.....1-800-648-4727  
 THE HEARING FOUNDATION.....1-800-327-8077

**HOUSING**

HOUSING AUTHORITY..... 925-252-4830  
 BAY AREA LIGAL AID.....1-800-275-3246  
 PACIFIC COMMUNITY SERVICES.....925-439-1056

**LEGAL & MEDIATION SERVICES**

BAY AREA LEGAL AID.....510-250-5270  
 CCC BAR ASSOCIATION.....925-825-5700  
 CCC DISTRICT ATTORNEY.....925-957-2200  
 FAMILY LAW FACILITATOR.....925-646-4099

**MEDICAL CARE**

ADVICE NURSE.....1-877-661-6230  
 BAART HEALTHCARE EAST.....925-522-0124  
 CCC HEALTH CENTERS.....1-800-495-8885

HEALTHCARE FOR HOMELESS MOVILE VAN.....211  
 LA CLINICA.....925-431-1251  
 OPERATION ACCESS.....415-733-0052  
 PLANNED PARENTHOOL.....1-800-230-7526  
 ROTA CARE CLINIC.....925-439-2009  
 SUTTER DELTA COMMUNITY CLINIC.....925-779-3676  
 MOBILE HEALTH CLINIC (JOHN MUIR).....925-363-7588  
 RENTAL/SHELTER, INC.....925-338-1038  
 SEASON OF SHARING.....925-521-5065  
 SENIORS/ADULTS W/DISABILITIES.....1-800-510-2020  
 HOUSING & ECONOMIC RIGHTS ADVOCATES.....510-271-8443  
 PACIFIC COMMUNITY SERVICES .....925-439-1056

**MEDICAL EQUIPMENT**

ECOMONY MEDICAL.....925-671-4800  
RECARES.....510-251-2273

**MENTAL HEALTHY**

CONTRA COSTA CRISIS LINE.....1-800-833-2900  
 FIRST HOPE-CCHS.....925-681-4450  
 ACCESS MENTAL HEALTH APT. LINE.....1-888-768-7277  
 COMMUNITY COUNSELING CENTER.....925-798-9240  
 PROGRAMS.....1-800-680-6555  
 NATIONAL ALLIANCE FOR THE MENTALLY ILL III.....925-942-0767  
 PRESCRIPTION PAYMENT HELP  
 COAST2COAST RX CARD.....1-800-931-8872  
 PARTNERSHIP FOR PRESCRIPTION ASSISTANCE FOR CALIFORNIALS.....1-888-477-2669  
 RX OUTRACH.....1-800-769-3880  
 RX ASSIST.....www.rxassist.org

**SPECIAL NEEDS SERVICES**

STATE COUNCIL ON DEVELOPMENTAL DISABILITIES  
 BAY AREA.....510-286-0439  
 BAY RESPITE CARE.....1-888-644-4491  
 CALIFORNIA CHILDREN’S SERVICES.....925-957-2680  
 CARE PARENT NETWORK.....1-800-281-3023  
 CONTRA CONSTA ARC.....925-370-1818  
 DEVELOPMENTAL DISABILITIES COUNCIL.....925-313-6836  
 DOWN SYNDROME CONNECTION.....925-362-8660

EARLY CHILDHOOD MENTAL HEALTH.....510-837-6902  
EARLY INTERVENTION SERVICES.....925-849-8999  
LIGHTHOUSE FOR THE BLIND AND VISUALLY IMPAIRED  
LYNN CENTER EARL INTERVENTION SERVICES.....925-439-9628  
REGIONAL CENTER OF THE EAST BAY.....925-691-2300  
RESPITE CARE PROGRAM.....510-834-2443  
SPECIAL NEEDS CHILDCARE PROJECT.....925-676-5442  
THROUGH THE LOOKING GLASS.....1-800-644-2666  
WE CARE SERVICES FOR CHILDREN.....925-6710777

## **SUICIDE**

CONTRA COSTA CRISIS CENTER.....1-800-833-2900  
NATIONAL SUICIDE HOTLINES.....1-800-273-8255  
SPANISH.....1-877-784-2432

## **TRANSPORTATION**

AC TRANSIT.....510-891-4700  
BART.....925-676-2278  
BAY AREA TRAVEL INFORMATION.....511  
COUNTY CONNECTION/COUNTRY LINK.....925-676-7500  
DIAL A RIDE.....925-754-3060  
TRI-DELTA.....925-754-4040

## **UTILITY ASSISTANCE**

CALIFORNIA ALTERNATE RATES FOR ENERGY (CARE)  
1-800-743-2273  
LOW-INCOME HOME ENERGY ASSISTANCE (LIHEAP).....925-681-6380  
MEDICAL BASELINE PROGRAM RELIEF FOR ENERGY...1-800-743-5000

## **VETERANS**

CCC VETERANS SERVICES.....925-313-1481  
SUPPORTIVE SERVICES FOR VETERAN FAMILIES  
(SHELTER INC.).....925-957-7579  
VETERANS SUICIDE HOTLINE.....1-800-273-8255